

THIS WORKSHOP IS DESIGNATED FOR A MAXIMUM OF
9 HOURS OF EUROPEAN EXTERNAL CME CREDITS.

ARE YOU SEEING PATIENTS
SUFFERING FROM NASH?
THEN YOU NEED TO JOIN US IN BARCELONA!

EUROPEAN WORKSHOP ON NASH IN CLINICAL PRACTICE

BARCELONA, SPAIN • 22-23 NOVEMBER 2019

DISCOVER WHAT NASH MEANS FOR YOU AS A CLINICIAN!



After attending this meeting, you will have practical knowledge on:

- **Multidisciplinary clinical management of patients with NASH**
- **Epidemiology, risk factors and diagnosis of NASH**
- **Comorbidities in NASH**
- **Future treatment options for NASH**
- **Current guidelines used for diagnosing and treating NASH**

WHO SHOULD ATTEND?

This interactive workshop on NASH is specifically designed for the needs of **all healthcare professionals that encounter patients with NASH** in their clinical practice.

DID YOU KNOW THAT...

Almost 12% of people living in developed countries are suffering from non-alcoholic steatosis (NASH) that can potentially result in end-stage liver disease.

The main risk factors for NASH are **obesity**, **type 2 diabetes** and **metabolic syndrome**, which requires multidisciplinary patient management.

ORGANIZING COMMITTEE



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WHY SHOULD YOU ATTEND?

This interactive 1.5 day multidisciplinary workshop serves as the ideal platform for you as a clinician to obtain practical guidance on how to manage NASH in your practice and discuss current management guidelines on NASH. International experts in the field of clinical NASH management will give state-of-the-art lectures and translate the latest research into practical guidance for the daily management of patients suffering from NASH.

By discussing demanding clinical cases, you will be able to recognize challenges and subsequently, how to overcome these obstacles.

MEETING OBJECTIVES

The objectives of the European Workshop on NASH in Clinical Practice are to:


- Review current and future treatment options and discuss challenges associated with the implementation of certain treatments
- Discuss gaps in current diagnosis and management guidelines and provide guidance on how the management of patients suffering from NASH can be improved
- Raise awareness for NASH among important stakeholders such as endocrinologists, diabetologists and cardiologists
- Accelerate the implementation of new policies by stimulating cross-disciplinary discussions


22 NOVEMBER

08:30 Registration & walk-in Coffee

09:00 Workshop opening

Session 1: Natural History and Epidemiology

09:10  **Natural history of NASH**
Massimo Colombo, MD
 Humanitas Research Hospital, Rozzano, Italy


09:30  **NASH epidemiology**
Homie Razavi, PhD
 Center for Disease Analysis (CDA), Louisville, CO, USA

09:50 NASH diagnostics and management in general medicine

10:10 Panel Discussion

10:45 COFFEE BREAK

Session 2: Clinical Management of NASH - Obesity Management

11:15  **Invited lecture**
Shira Zelber-Sagi, PhD
 Tel Aviv Sourasky Medical Center, Israel

11:35 Clinical case discussions

12:15 LUNCH & POSTER VIEWING

Session 3: Clinical Management of NASH - Diabetes Management

13:45 Invited lecture

14:05 Clinical case discussions

Session 4: Clinical Management of NASH -Special populations

14:45 NASH in HIV patients

15:05  **Pediatric NAFLD - Clinical case discussions**
Alastair Baker, MB, ChB, FRCP, FRCPC, MBA
 King's College Hospital NHS Foundation Trust, United Kingdom

15:45 BREAK

ABSTRACT SUBMISSION

We invite you to contribute to the poster discussions by submitting your data on one of the following topics:

- Natural history
- NASH epidemiology
- NASH testing and diagnostics
- NASH management in the light of associated diseases
- Guidelines and their implications
- Case identification

The abstract submission deadline is **August 30th**.

Session 5: NASH Management

16:15 How to implement a healthy lifestyle in NAFLD/NASH patients

16:35  **New biomarkers in NAFLD**
Manuel Romero - Gomez, MD
 University of Seville, Spain

16:55 Management of lean NASH

17:10 Roundtable Discussion on the interface of primary and secondary care


17:45 Open Poster Session & Welcome Reception

19:30 Workshop Dinner

23 NOVEMBER

Session 6: NASH and comorbidities

09:00 NASH/NAFLD as cause for HCC

09:20  **Cardiovascular risk in NAFLD**
Jörn M. Schattenberg, MD
 Johannes Gutenberg-Universität Mainz, Germany

09:40 Clinical case presentation

10:00 Roundtable discussion:
 Current guidelines - still relevant or in need for review?

10:30 COFFEE BREAK

Session 7: NASH drug development

11:00 industry presentations

12:00 LUNCH & POSTER VIEWING

Session 8: Future treatment and management options

13:00 Invited Lecture

13:20 Patient perspective

13:40 Roundtable discussion on challenges and future trends

14:30 Closing remarks

Expert Medical Events is accredited by the European Accreditation Council for Continuing Medical Education (EACCME) to provide the following CME activity for medical specialists. The EACCME is an institution of the European Union of Medical Specialists (UEMS), www.uems.net.

The European Workshop on Nash in Clinical Practice is designated for a maximum of **9 hours of European external CME credits**.